



TRANQUILA SPA TREATMENT MENU

Tranquila Spa is a haven of peace & tranquillity and as such access is granted subject to availability with a facilities fee of R250 per person for overnight guests and R500 per person on a day visit. Should you book a treatment to the value of R500 or more, you will enjoy complimentary access and use of the facilities for that particular day. Premier Cottage overnight guests enjoy complimentary facility access.



Our newly opened African spa uses natural products that harness the medicinal powers of indigenous plants, flowers and herbs. These products are free from petrochemicals, synthetic ingredients, colourants and preservatives. This facility brags with an indoor heated pool, steam room, sauna, nail bar, ten treatment rooms, a couples or group treatment room and an outdoor pool.

Please note that treatment space is limited and we therefore encourage bookings in advance.

SKIN CARE TREATMENTS

QMS MEDICOSMETICS TREATMENTS

DEEP CLEANSE INTENSE TREATMENT	60 MINS	R 920
SENSITIVE SKIN REBALANCE TREATMENT	45 MINS	R 750
ACTIVATOR TREATMENT - ENERGIZES SKIN	60 MINS	R 940
COLLAGEN TREATMENT	90 MINS	R 1,040
NEO TISSUEDERMIE TREATMENT - ANTI AGING	75 MINS	R 1,150

TEAM DR JOSEPH HIGHTECH NATURAL COSMETICS

DEEP CLEANSE	50 MINS	R 930
PURIFYING TREATMENT	110MINS	R 900
ANTI AGING	110MINS	R 1,610

THERA NAKA UNIQUELY AFRICAN RANGE

EXPRESS FACIAL	30 MINS	R 400
DEEP CLEANSE	60 MINS	R 600
PURIFYING FACIAL - OILY SKIN	60 MINS	R 890
REJUVENATING - ANTI-AGING	60 MINS	R 890

WAXING SERVICES

FULL LEGS	R 350	EYEBROW WAX	R 90
HALF LEGS	R 295	CHEST WAX	R 220
FULL ARMS	R 195	BACK WAX	R 220
HALF ARMS	R 125	FULL BODY WAX	R 700
UNDER ARMS	R 120	EYEBROW THREADING	R 110
BRAZILLIAN WAX	R 320	LIP THREADING	R 75
BIKINI LINE	R 220	FULL FACE THREADING	R 220
FACIAL WAX (Lip/Chin)	R 110		

EYE ENHANCEMENTS

EYEBROW TINT	20 MINS	R 110
EYELASH TINT	30 MINS	R 200
EYEBROW SHAPE & TINT	45 MINS	R 300
EYEBROW + EYELASH TINT & EYEBROW SHAPING	60 MINS	R 450

BODY TREATMENTS AND SPA RITUALS

BODY TREATMENTS

AFRICAN WOOD MASSAGE	60/90 MINS	R 980/R 1090
SWEDISH MASSAGE	60/90 MINS	R 980/R 1090
DEEP TISSUE MASSAGE	60/90 MINS	R 980/R 1190
AFRI HOT STONE MASSAGE	90 MINS	R 980/R 1190
BACK, NECK & HEAD MASSAGE	30 MINS	R 590
JETLAG LEG & FOOT MASSAGE	30 MINS	R 590
INDIAN HEAD MASSAGE	30 MINS	R 590
ROSE QUARTZ COUPLES MASSAGE	90 MINS	R1,290 p.p
TRANQUILA BODY RITUAL <small>(SCRUB, SHOWER & MASSAGE)</small>	90 MINS	R1,290

HANDS & FEET

EXPRESS MANI/PEDI (File/Paint)	30 MINS	R 290
SPA MANICURE	90 MINS	R 390
SPA PEDICURE	90 MINS	R 490
SHELLAC MANICURE	90 MINS	R 500
SHELLAC PEDICURE	90 MINS	R 550
SHELLAC REVARNISH ONLY	60 MINS	R 250
SOAK OFF	30 MINS	R 150

HAIR TREATMENTS

HAIR BRAIDING SIDES OWN HAIR	20 MINS	R 250
HAIR BRAIDING SIDES WITH EXTENSIONS	35 MINS	R 400
HALF HEAD HAIR BRAIDING OWN HAIR	45 MINS	R 500
HALF HAIR BRAIDING WITH EXTENSIONS	60 MINS	R 650
FULL HAIR BRAIDING WITH OWN HAIR	90 MINS	R 750
FULL HAIR BRAIDING WITH EXTENSIONS ADD R 100 EXTRA WITH BEADS	120 MINS	R 1,000

Please note that for health, safety as well as tranquillity reasons, the general facilities are not accessible for persons under the age of 16. Right of admission is reserved.

The spa is open daily until 22h00.

We look forward to welcoming you to the spa.