



TRANQUILA SPA

TREATMENTS AND RELAXATION

Join us in our relaxing African spa using natural products that harness the medicinal powers of indigenous plants, flowers and herbs and are free from petrochemicals, synthetic ingredients, colourants and preservatives.

Spa facilities include: 1 large heated indoor pool, 1 cold indoor pool, steam room, sauna, nail bar, 10 treatment rooms, a couples or group treatment room and an outdoor pool.

The Tranquila Spa is a place of peace and serenity and as such access is subject to availability. Access to the Tranquila Spa is free to guests booked into the Premier Cottages and guests that have overnight stays for 2 nights and longer.

Day visitors can buy spa access to also make use of the locker and change rooms. The use of the spa facilities and all treatments are only available to Aquila guests and visitors.

Strictly no under 16 year olds are permitted in the spa.



SKIN CARE TREATMENTS

QMS MEDICOSMETICS TREATMENTS

DEEP CLEANSE INTENSE TREATMENT	R920
60 MINS	
SENSITIVE SKIN REBALANCE TREATMENT	R750
45 MINS	
ACTIVATOR TREATMENT - ENERGIZES SKIN	R940
60 MINS	
COLLAGEN TREATMENT	R1040
90 MINS	
NEO TISSUEDERMIE TREATMENT - ANTI AGING	R1150
75 MINS	

ESSE SKINCARE

ESSE EXPRESS	R350
30 MINS	
ESSE EXPERIENCE	R695
60 MINS	
ESSE LIVE PRO-BIOTIC EXPERIENCE	R950
75 MINS	
ESSE ULTIMATE EXPERIENCE	R1300
90 MINS	

THERAVINE

APPETISER FACIAL	R385
30 MINS	
HYDRATING FACIAL	R620
60 MINS	
BALANCING FACIAL	R620
60 MINS	
MENS ACTIVE FACIAL	R620
60 MINS	



BODY TREATMENTS AND SPA

BODY TREATMENTS

AFRICAN WOOD MASSAGE	R980 / R1090
60/90 MINS	
SWEDISH MASSAGE	R980 / R1090
60/90 MINS	
DEEP TISSUE MASSAGE	R1090/ R1290
60/90 MINS	
AFRICAN HOT STONE MASSAGE	R980 / R1190
90 MINS	
ROSE QUARTZ COUPLES MASSAGE	R1190 p.p
90 MINS	
TRANQUILA BODY RITUAL	R1290
90 MINS	
BACK REFRESHER	R690
45 MINS	
BACK, NECK & HEAD MASSAGE	R590
30 MINS	
JETLAG LEG & FOOT MASSAGE	R590
30 MINS	
INDIAN HEAD MASSAGE	R590
30 MINS	

HANDS & FEET

EXPRESS MANI / PEDI (File/Paint)	R290
30 MINS	
SPA MANICURE	R390
90 MINS	
SPA PEDICURE	R490
90 MINS	
SHELLAC MANICURE	R500
90 MINS	
SHELLAC PEDICURE	R550
90 MINS	
SHELLAC REVARNISH ONLY	R250
60 MINS	
SOAK OFF	R150
30 MINS	
GEL MANICURE	R400
60 MINS	
GEL PEDICURE	R450
60 MINS	
GEL FRENCH	R350
60 MINS	



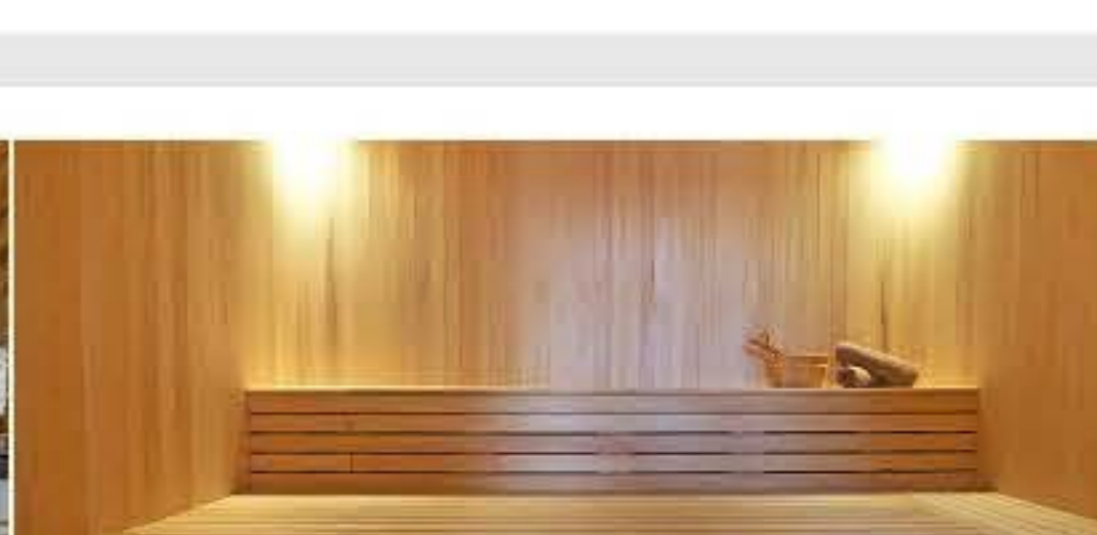
HAIR TREATMENTS

HAIR BRAIDING SIDES OWN HAIR	R250
20 MINS	
HALF HEAD HAIR BRAIDING OWN HAIR	R500
45 MINS	
FULL HAIR BRAIDING WITH OWN HAIR	R760
90 MINS	
FULL BEADS (EXTRA)	R100



WAXING SERVICES

FULL LEGS	R350
HALF LEGS	R295
FULL ARMS	R195
HALF ARMS	R125
UNDER ARMS	R120
BRAZILLIAN WAX	R350
BIKINI LINE	R220
FACIAL WAX (Lip/Chin)	R110
EYEBROW WAX	R90
CHEST WAX	R220
BACK WAX	R220
FULL BODY WAX	R700
HOLLYWOOD WAX	R450



EYE ENHANCEMENTS

EYEBROW TINT	R110
20 MINS	
EYELASH TINT	R200
30 MINS	
EYEBROW SHAPE & TINT	R300
45 MINS	
EYEBROW & EYELASH TINT AND EYEBROW SHAPING	R450
60 MINS	
EYELASH LIFT	R350
EYELASH LIFT AND TINT	R400